

Lochaber Athletic Club Winter League 2021/22

Due to the relaxing of Covid restrictions our winter league is reverting to the more traditional format of races being run on a Sunday morning at 11.00am.

It is important that we continue to take sensible precautions with regard to Covid-19 and would ask that all participants abide by social distancing measures and avoiding gathering in large groups before or after the races.

2021/22 Races		Date	Organiser
Cow Hill (Braveheart car park, Glen Nevis)	Short	Sun 7 Nov	Ian Adams
Drumfada Chase (Green Gates, Annat)	Medium	Sun 21 Nov	Corrina/Markus Mertens
Beinn Bhan Bash (Erracht, Glen Loy)	Short	Sun 5 Dec	Ben Thomson
Cour Loop (Nevis Range car park)	Long	Sun 12 Dec	Barry MacKinnon
Cruimm Leaccain (Torlundy)	Medium	Sun 26 Dec	Mick & Kathy Tighe
Riverbank Splodge (Achriabhach, Glen Nevis)	Medium	Sun 9 Jan	Gregor Davidson
Puggy Line Plod (Nevis Range car park)	Medium	Sun 16 Jan	To be confirmed
Fassfern Faff (Fassfern)	Long	Sun 30 Jan	Corrina/Markus Mertens
Creagan 10K (Appin)	Short	Sun 13 Feb	Tom Smith
Figure 8 (FW Leisure Centre)	Long	Sun 27 Feb	Jim Hamilton
Prize-giving: after Fig 8 race.			

Race distances: Short (up to 5.9 miles)

Medium (6 – 9 miles)

Long (9.1 miles or more)